BREAKFAST
Elementary

DECEMBER 2018

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
3 306 Apple Baked Frudel OR 321 Banana Muffin 670 Fresh Fruit 749 Apple-Cherry Juice Pre-K 346 Cinnamon Toast Crunch Cereal	**4** 309 Apple Jammer Stick OR 369 Pillsbury Berry Blast Mini French Toast 696 Raisins 752 Fruit Punch Juice Pre-K 339 Cranberry Orange Muffin	**5** 370 Apple Fruit Pocket OR 334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 750 Apple Juice Pre K: 331 Corn Muffin	**6** 303 Egg & Cheese with Turkey OR Bacon on Toast 329 Trix Cereal Bar 670 Fresh Fruit 753 Orange Juice Pre K: 332 Apple Cinnamon Muffin	**7** 308 Strawberry Mini Bagel OR 323 Apple Cinnamon Muffin 689 Orange Mango Applesauce 658 Dried Fruit Blend Pre K: 342 Cheerios
10 327 Pillsbury Maple Mini Waffles OR ~~328 Chocolate Chip Muffin~~ 670 Fresh Fruit 752 Fruit Punch Juice Pre K: 349 Corn Chex Cereal	**11** ~~362 Raisin Bran~~ OR 334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 749 Apple-Cherry Juice Pre K: 330 Blueberry Muffin	**12** ~~304 Cinnamon Bagelfuls~~ OR 319 Orange Cranberry Muffin 608 Dole Tropical Fruit Cup 750 Apple Juice Pre K: 343 Rice Chex Cereal	**13** 315 Apple Cinnamon Toast OR ~~366 Blueberry Bagel~~ 670 Fresh Fruit 753 Orange Juice Pre K: 331 Corn Muffin	**14** ~~313 Rebel Apple Delight Crumble~~ OR 350 Apple Cinnamon Cheerios Cereal Bar 612 Bagged Sliced Apples & Grapes 752 Fruit Punch Juice Pre K: 332 Apple Cinnamon Muffin
17 306 Apple Baked Frudel OR 322 Blueberry Muffin 670 Fresh Fruit 753 Orange Juice Pre K: 347 Frosted Flakes	**18** 367 Cinnamon Raisin Bagel OR 370 Apple Fruit Pocket 670 Fresh Fruit 658 Dried Fruit Blend Pre K: 335 Banana Muffin	**19** 328 Chocolate Chip Muffin OR 336 Pillsbury Strawberry Splash Pancakes 609 Dole Mixed Fruit Cup 749 Apple-Cherry Juice Pre K: 335 Banana Muffin	**20** 334 Cinnamon Toast Crunch Cereal OR 403 Egg & Cheese on a Bagel 696 Raisins 752 Fruit Punch Juice Pre K: 339 Cranberry Orange Muffin	**21** 337 Eggo Blueberry Mini Pancake Bites OR 329 Trix Cereal Bar 689 Orange Mango Applesauce 748 Grape Juice Pre K: 345 Honey Scooters
24 Winter Break	**25** Merry Christmas	**26** Winter Break	**27** Winter Break	**28** Winter Break
31 Happy New Year's Eve!	**1** Happy New Year!	**2** 338 French Toast Sticks OR 334 Cinnamon Toast Crunch Cereal 749 Apple-Cherry Juice 696 Raisins Pre K: 347 Frosted Flakes	**3** 350 Apple Cinnamon Cheerios Cereal Bar OR 315 Apple Cinnamon Toast 752 Fruit Punch Juice 689 Orange Mango Applesauce Pre K: 335 Banana Muffin	**4** 367 Cinnamon Raisin Bagel OR 328 Chocolate Chip Muffin 750 Apple Juice 608 Dole Tropical Fruit Cup Pre K: 345 Honey Scooters

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items in suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

***Pre-K Students receive one serving of fruit, no juice and only unflavored milk at breakfast**